

# MENU

## JANUARY 2026

### WEEK 1

LUNCH	MONDAY, 12TH	TUESDAY, 13TH	WEDNESDAY, 14TH	THURSDAY, 15TH	FRIDAY, 16TH
<b>PROTEIN</b>	Steak with fried egg	Sautéed pork loin	Mixed grill: grilled meat, grilled chicken breast and chorizo	Maki sushi, Philadelphia sushi and California sushi	
	Grilled chicken breast	Sautéed chicken	Argentinean chicken soup	Battered fish	
	Traditional soup	Andean soup		Miso ramen	
	White rice	Creamy Peruvian rice	Potato sour cream	Egg roll	
	Potato wedges	Causa limeña		Wok vegetables	
	Stir-fried vegetables	Peruvian salad	Grilled vegetables		
	Salad bar	Salad bar	Salad bar	Salad bar	
	Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day	
	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	
	Mini chocolate bar	Suspiro limeño	Mini alfajor	Fortune cookie	
<b>STARTER</b>					
<b>CEREAL</b>					
<b>ACCOMPANIMENT</b>					
<b>SALAD BAR</b>					
<b>FRUIT</b>					
<b>OPTIONAL</b>					
<b>DESSERT</b>					
<b>VEGETARIAN</b>					
<b>SHOW CREPES / PASTAS</b>					
<b>SHOW WOK</b>					

### WEEK 2

LUNCH	MONDAY, 19TH	TUESDAY, 20TH	WEDNESDAY, 21ST	THURSDAY, 22ND	FRIDAY, 23RD
<b>PROTEIN</b>	Pork ribs in BBQ sauce	Valluna pork chops	Mini fried mojarra	Shredded chicken	Powdered meat, chorizo, egg and chicharrón
	Chicken wings	Chicken breast au gratin	Meat with chimichurri	Grilled meat	
<b>STARTER</b>	Spinach cream	Traditional soup	Sancochito	Ajíaco	Bean casserole
	Rice with sesame seeds	White rice	Coconut rice	White rice	
<b>CEREAL</b>	Criolla potato	Aborrajado	Plantain	Corn/Arepa	Plantain slice
	Broccoli	Stir-fried vegetables with sesame seeds	Caribbean salad	Avocado slice	
<b>ACCOMPANIMENT</b>	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
	Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day	
<b>OPTIONAL</b>	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast
	Chip cookies	Mini brownie	Passion fruit semifreddo	Panelita	
<b>DESSERT</b>	Pork Julienne	Valluna pork chops	Fish fingers	Chicken leg	Powdered meat
	Stuffed tomatoes	Stuffed avocado	Vegan ajiaco	Soybean	
<b>SHOW CREPES / PASTAS</b>	N.A.	N.A.	Mac & cheese	N.A.	N.A.
	Mandarin rice	Cantonese rice	N.A.	N.A.	
<b>SHOW WOK</b>					

### WEEK 3

LUNCH	MONDAY, 26TH	TUESDAY, 27TH	WEDNESDAY, 28TH	THURSDAY, 29TH	FRIDAY, 30TH
<b>PROTEIN</b>	Mixed rice	Tilapia in tartar sauce	Classic Bolognese lasagne with beef ragù	Cordon bleu	Beef birria taco
	Chicken breast au gratin	Meat with chimichurri	Chicken breast lasagne in white sauce	Pork Julienne in teriyaki sauce	Marinated cochinita pibil taco with pickled onion
<b>STARTER</b>	Celestine consommé	Mazamorita	Tomato cream	Mushroom cream	Mexican soup
	French fries	Rice with sesame seeds	Baguette	White rice	Yellow rice
		Manioc croquettes		Mixed vegetables	Refried beans
<b>ACCOMPANIMENT</b>	Tomato slice	Avocado salad	Greek salad	Potato wedges	Nachos/ Guacamole
	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
<b>FRUIT</b>	Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day
	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast
<b>OPTIONAL</b>	Cake	Barquillo	Tiramisu	Red berry mousse	Churros
	Mixed rice	Tilapia in tartar sauce	Classic Bolognese lasagne with beef ragù	Cordon bleu	Chicken tacos
		Quibbles	Vegetarian lasagna	Vegetarian brochette	Vegetarian tacos
<b>VEGETARIAN</b>	Vegetarian rice	N.A.	N.A.	N.A.	N.A.
	Chicken crepes	N.A.	N.A.	N.A.	N.A.
<b>SHOW WOK</b>	N.A.	Khaophad of chicken/papa fosforito (potato)	N.A.	N.A.	N.A.

**WE NOURISH WITH LOVE!**