

MENU

APRIL 2026

WEEK 3

LUNCH	MONDAY, 13TH	TUESDAY, 14TH	WEDNESDAY, 15TH	THURSDAY, 16TH	FRIDAY, 17TH
PROTEIN	Sautéed pork loin	Ropa vieja burrito with chili sauce dressing	Bolognese, pomodoro and carbonara	Grilled meat	Mixed Grill: meat, chicken, chorizo and morcilla
	Huancaina-style chicken	Chicken burrito stuffed with chipotle sauce	Chicken breast au gratin	Shredded chicken	
STARTER	Hen broth	Mexican soup	Tomato cream	Ajiaco	Argentinian chicken soup
CEREAL	Peruvian rice	Yellow rice	Pasta Festival: spaghetti, linguine, fettuccine, wholemeal spaghetti	White rice	Argentinian rice
ACCOMPANIMENT	"Causa limeña"	Tortilla chips	Baguette	Corn/ Arepa	Potato sour cream
	Peruvian Verura stir-fry	Guacamole/ Pico de gallo	Caprese tomato	Avocado slice	Argentinian grilled vegetables
SALAD BAR	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
FRUIT	Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day
OPTIONAL	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast
DESSERT	Peruvian picarones	Churro mexicano	Tiramisu	Bocadillo with cheese	Alfajor
EARLY YEARS	Sautéed pork loin	Ropa vieja burrito with chili sauce dressing	Spaghetti in bolognese sauce	Ajiaco with shredded chicken	Mixed grill: meat and chicken in julienne strips
VEGETARIAN	Peruvian ceviche	Vegetarian taco	Soybean in Neapolitan sauce with tofu	Quinoa croquettes	Vegetarian grill
SHOW CREPES /PASTAS	Canelones de jamón y queso	N.A.	Chicken crepes in bechamel sauce	N.A.	Mac & cheese
SHOW WOK	N.A.	Stir-fried vegetables with pork	N.A.	Cantonese rice	N.A.

WEEK 4

LUNCH	MONDAY, 20TH	TUESDAY, 21ST	WEDNESDAY, 22ND	THURSDAY, 23RD	FRIDAY, 24TH
PROTEIN	Pork ribs in BBQ sauce	Beef bolognese lasagne	Powdered meat, chorizo, egg and chicharrón	Valluna pork chops	Fish fingers
	Baked chicken	Chicken lasagne in white sauce		Grilled meat	Grilled chicken breast
STARTER	Vegetable cream	Tomato soup	Bean casserole	Traditional soup	Leek and potato soup
CEREAL	White rice	Baguette	White rice	White rice	French fries
ACCOMPANIMENT	Criolla potato	Caprese salad	Plantain slice/ Arepa	Aborrajado	
	Broccoli		Avocado	Stir-fried vegetables with sesame seeds	British salad
SALAD BAR	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
FRUIT	Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day
OPTIONAL	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast
DESSERT	Mini vanilla cookie	Mini milhoja	Bocadillo with cheese	Mini brownie	Tartlet with custard
EARLY YEARS	Pork ribs in BBQ sauce	Beef bolognese lasagne	Powdered meat	Valluna pork chops	Fish fingers
VEGETARIAN	Vegetarian burger	Vegetarian lasagna	Soybean	Stir-fried vegetables with tofu and coconut water	Sautéed mushrooms and tofu
SHOW CREPES /PASTAS	Caprese pasta salad	N.A.	N.A.	Chicken and mushroom pan cook	N.A.
SHOW WOK	N.A.	Mandarin rice	N.A.	N.A.	Khaopad of chicken and vegetables

WEEK 5

LUNCH	MONDAY, 27TH	TUESDAY, 28TH	WEDNESDAY, 29TH	THURSDAY, 30TH	FRIDAY, 1ST
PROTEIN	Chicken fricassee	Meatballs in traditional sauce	Flank steak in traditional sauce	Meat burger with bacon, lettuce, tomato, caramelised onion and cheese	
	Pork leg in plum sauce	Chicken cacciatore	Battered fish	Grilled chicken breast	
STARTER	Cuchuco	Vegetable soup	Sancochito	Vegetable consommé	
CEREAL	White rice	White rice	Rice with sesame seeds	French fries/ Onion rings	
ACCOMPANIMENT	Manioc croquettes	Baked plantain	Baked potato wedges		
	Florentine salad	Lentils in traditional sauce	Cauliflower and broccoli au gratin	Fruit bar	
SALAD BAR	Salad bar	Salad bar	Salad bar		
FRUIT	Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day	
OPTIONAL	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	
DESSERT	Mini chocolate bar	Mini cheesecake	Cocada	Ice cream	
EARLY YEARS	Pork leg in plum sauce	Meatballs in traditional sauce	Battered fish	Meat burger with bacon, lettuce, tomato, caramelised onion and cheese	
VEGETARIAN	Macrobiotic bowl	Soybean meatballs in Neapolitan sauce	Vegetarian brochette	Vegetarian burger	
SHOW CREPES /PASTAS	N.A.	Penne pasta in carbonara sauce	N.A.	N.A.	
SHOW WOK	Stir-fried brown rice	N.A.	Beef teppanyaki	N.A.	

WE NOURISH WITH LOVE!