

MENU

MAY 2026

WEEK 1



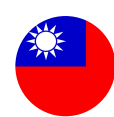
LUNCH	MONDAY, 4TH	TUESDAY, 5TH	WEDNESDAY, 6TH	THURSDAY, 7TH	FRIDAY, 8TH
PROTEIN	Stroganoff	Cordon bleu	Pork ribs in BBQ sauce	Breaded fish fillet	Lomo Madeiro
	Chicken breast au gratin	Pork Julienne in teriyaki sauce	Baked wings	Steak	Fricasé de pollo
STARTER	Oatmeal soup	Spinach cream	Rice soup	Mute soup	"Canja" soup
CEREAL	Rice with sesame seeds	White rice	Rice pilaf	Spinach rice	Arroz brasileiro
ACCOMPANIMENT	Caramelised banana	French fries	Criolla potato	Plantain with hogao	Bolinhos
	Ratatouille	Mixed vegetables	Carrot and celery dip	Pickled vegetables	Feijoada
SALAD BAR	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
FRUIT	Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day
OPTIONAL	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast
DESSERT	Mini chocolate bar	Strawberry semifreddo	Passion fruit mousse	Coloured jelly	Brigadeiros
EARLY YEARS	Stroganoff	Cordon bleu	Pork BBQ sauce	Breaded fish fillet	Coxinha
VEGETARIAN	Stuffed tomatoes	Vegetarian croquettes	Vegetarian kebabs	Breaded tofu with mushroom sauce	Feijoada
SHOW CREPES /PASTAS	N.A.	Mac & cheese	N.A.	Meat cannelloni	N.A.
SHOW WOK	Stir-fry rice	N.A.	Mandarin rice	N.A.	N.A.

WEEK 2



LUNCH	MONDAY, 11TH	TUESDAY, 12TH	WEDNESDAY, 13TH	THURSDAY, 14TH	FRIDAY, 15TH
PROTEIN	Rice with chicken	Flank steak in traditional sauce	Posta cartagenera	Meat in Bolognese, tomato and carbonara sauce	Maki Sushi, Philadelphia Sushi and California Sushi
	Grilled meat	Grilled chicken breast	Baked chicken leg		Battered fish
STARTER	Pasta soup	Cuchuco	Rice soup	Tomato cream	Miso ramen
CEREAL		White rice	White rice	Pastas (pasta corta, pasta larga, macarrón)	Egg roll
ACCOMPANIMENT	Chip potato	Potato with cream and cheese sauce	Manioc croquettes	Garlic bread	Stir-fried vegetables
	Tomato slice	Traditional salad	Caribbean salad	Capresse tomato	
SALAD BAR	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
FRUIT	Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day
OPTIONAL	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast
DESSERT	Nucita	Jelly	Cheese with arequipe	Cannoli	Fortune cookie
EARLY YEARS	Grilled beef fajitas	Chicken chips	Baked chicken leg	Pasta in bolognese sauce	Battered fish
VEGETARIAN	Vegetarian rice	Stuffed zucchini rolls	Vegetarian lasagna with zucchini, mushrooms and aubergine	Pasta in avocado salad	Asian vegan mix
SHOW CREPES /PASTAS	Scaloppine of Neapolitan	N.A.	Stroganoff crepes	N.A.	N.A.
SHOW WOK	N.A.	Caesar salad with chicken	N.A.	Pork Panne Cook in white sauce	N.A.

WEEK 3



LUNCH	MONDAY, 18TH	TUESDAY, 19TH	WEDNESDAY, 20TH	THURSDAY, 21ST	FRIDAY, 22ND
PROTEIN	★ Holiday Día de la Ascensión	Broaster chicken leg	Powdered meat, egg and chicharrón	Fish in tartar sauce	Pork-filled bao buns in BBQ sauce
		Beef tenderloin in mushroom sauce	Grilled chicken breast	Beef in traditional sauce	Chicken bao in red sauce
STARTER		Cuchuco	Bean casserole	Mushroom cream	Vegetable consommé
CEREAL		White rice	White rice	Rice with sesame seeds	
ACCOMPANIMENT		Manioc croquettes	Plantain slice	Plantain chips	Potato wedges
		Mixed vegetables	Avocado	Traditional salad	Mixed salad
SALAD BAR		Salad bar	Salad bar	Salad bar	Salad bar
FRUIT		Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day
OPTIONAL		Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast
DESSERT		Mini brownie	Bocadillo with cheese	Panelita	Filled Donuts
EARLY YEARS	Broaster chicken leg	Powdered meat	Fish in tartar sauce	Chicken bao in red sauce	
VEGETARIAN	Vegetarian grill	Soybean	Macrobiotic bowl	Vegetarian bao - Hummus	
SHOW CREPES /PASTAS	Fettuccini with mushroom/ Baguette	N.A.	Mac & cheese	N.A.	
SHOW WOK	N.A.	N.A.	N.A.	N.A.	

WEEK 4



LUNCH	MONDAY, 25TH	TUESDAY, 26TH	WEDNESDAY, 27TH	THURSDAY, 28TH	FRIDAY, 29TH
PROTEIN	Steak with fried egg	Meatballs in traditional sauce	Baked chicken leg	Chicken cannelloni au gratin in Neapolitan sauce	Frikadellen
	Grilled chicken breast	Chicken breast au gratin	Meat in traditional sauce	Meat cannelloni au gratin in bolognese sauce	Hahnchen
STARTER	Traditional soup	Pasta soup	Ajiaco	Tomato soup	Graupensuppe
CEREAL	White rice	White rice	White rice	Baguette	
ACCOMPANIMENT	Potato wedges	Lentils in traditional sauce	Arepas/ Corn		Capresse tomato
	Vegetables in traditional sauce	Baked plantain	Avocado slice		
SALAD BAR	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
FRUIT	Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day
OPTIONAL	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast	Meat and/or grilled chicken breast
DESSERT	Red berry semifreddo	Mini milhoja	Bocadillo with cheese	Tiramissu	Apfelstrudel
EARLY YEARS	Beef fajitas with sauce	Meatballs in traditional sauce	Mixed rice	Meat cannelloni au gratin in bolognese sauce	German burger
VEGETARIAN	Stir-fried mushrooms with tofu	Soybean meatballs	Vegetarian rice	Vegetarian cannelloni in white sauce	Vegetarian Schnitzel
SHOW CREPES /PASTAS	N.A.	Vermicelli	N.A.	Sizzling Beef Stir Fry	N.A.
SHOW WOK	Crispy Hokkien Noodles	N.A.	Cantonese rice	N.A.	N.A.

WE NOURISH WITH LOVE!