












MENU

JUNE 2026

	WEEK 1	WEEK 2	WEEK 3
MONDAY	<ul style="list-style-type: none"> • Ribs in BBQ sauce • Argentinean choripan with chimichurri • Vegetable soup • Potato sour cream • Aubergine purée au gratin • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice 	 <p>Holiday Corpus Christi</p>	 <p>Holiday Sagrado Corazón</p>
TUESDAY	<ul style="list-style-type: none"> • Sautéed pork loin • Crispy chicken in Kay-style sauce • Chicken soup • "Chaufa" rice • Causa limeña • Vegetable pachamanca • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice 	<ul style="list-style-type: none"> • Grilled meat • Shredded chicken • Ajiaco • White rice • Corn/ Arepa • Avocado slice • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice 	<ul style="list-style-type: none"> • Wings • Ribs in BBQ sauce • Fusili soup • Basmati rice • French fries • Ratatouille • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice
WEDNESDAY	<ul style="list-style-type: none"> • Al pastor tacos, chicken burrito • Quesadillas • Mexican soup • Tortilla chips with guacamole, pico de gallo and refried beans • Corn with cheese • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice 	<ul style="list-style-type: none"> • Ground meat, fried egg, chorizo and chicharrón • Bean casserole • White rice • Plantain slice/ Arepa • Avocado • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice 	<ul style="list-style-type: none"> • Meatballs in traditional sauce • Grilled chicken breast fillets • Mondongo • White rice • Plantain • Lentils in traditional sauce • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice
THURSDAY	<ul style="list-style-type: none"> • Seafood paella • Valencian Paella • Gazpacho • Potatoes in spicy sauce • Fresh Spanish salad • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice 	<ul style="list-style-type: none"> • Pizza Festival: Pepperoni, chicken & mushroom, neapolitan, hawaiian, cheese, and vegetarian • Pomodoro cream • Panzanella salad • Fruit bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice 	<ul style="list-style-type: none"> • Baked flank steak with hogao • Baked chicken • Sancocho • White rice • Potato with cream and cheese sauce • Avocado salad • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice
FRIDAY	<ul style="list-style-type: none"> • Beef Pad Thai • Chicken satay • Khao Soi • Spring Rolls • Thai mango salad • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice 	<ul style="list-style-type: none"> • Valluna pork chops • Grilled meat • Traditional soup • White rice • Aborrajado • Avocado salad • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice 	<ul style="list-style-type: none"> • Mixed rice • Chicken cream • French fries • sliced tomato • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice

Sapora
Haciendo siempre la diferencia

In accordance with Resolution 3803 of 2016 issued by the Ministry of Social Protection, which regulates the Recommended Energy and Nutrient Intake (RIEN), the Estimated Average Requirements are established to determine the adequate proportion of nutrients in school lunches. This lunch represents approximately one-third of the total daily nutrients required by the different groups in the school community. It is essential to emphasise the importance of supplementing this with other meals throughout the day.