

MENU

AUGUST 2026



	WEEK 2	WEEK 3	WEEK 4	WEEK 5
MONDAY		Holiday Asunción de la Virgen	• Pork ribs in BBQ sauce • Grilled meat with chimichurri • Mushroom cream • Rice with sesame seeds • Broccoli with butter • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice	• Broaster chicken • Meat with chimichurri • Vegetable consommé • White rice • Baked potato • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice
TUESDAY		• Pasta Festival: fettuccine, spaghetti, penne • Bolognese, Carbonara, Neapolitan • Tomato cream • Baguette • Fine herbs tomato • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice	• Valluna pork chops • Chicken fricassee • Rice soup • White rice • Aborrajados • Traditional salad • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice	
WEDNESDAY		• Cochinita pibill • Beef chili • Mexican soup • Yellow rice • Refried beans • Tortilla chips/ Guacamole • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice	• Powdered meat, chicharrón, chorizo, morcilla. • Grilled chicken breast • Bean casserole • White rice • Plantain slice • Arepa/Avocado • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice	
THURSDAY	• California sushi, Philadelphia sushi, Maki sushi and Tempura sushi • Battered fish • Miso Ramen • Egg Rolls • Stir-fried vegetables • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice	• Sautéed pork loin • Huancaína-style chicken leg • Hen broth • Peruvian rice • Causa limeña • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice	• Cordon bleu • Pork Julienne in teriyaki sauce • Spinach cream • Rice with sesame seeds • Potato Salad • Mixed vegetables • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice	
FRIDAY	• Battered fish • Sunday Roast • Gratinated noodle consomme • French fries • Coleslaw salad • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice	• Mixed grill: grilled meat and chicken breast, chorizo. • Argentinian chicken soup • Papa sour cream • Vegetables brochettes • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice	• Shredded chicken • Grilled meat • Ajiaco • White rice • Corn/Arepa • Avocado slice • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice	

Sapores
Haciendo siempre la diferencia

In accordance with Resolution 3803 of 2016 issued by the Ministry of Social Protection, which regulates the Recommended Energy and Nutrient Intakes (RIEN), the Estimated Average Requirements are established to determine the appropriate proportion of nutrients in the school canteen lunch. This lunch represents approximately one third of the total daily nutrient requirements of the different groups in the school community. It is essential to stress the importance of supplementing with the other meals of the day.