

MENU

OCTOBER 2026

	WEEK 1	WEEK 3	WEEK 4	WEEK 5
MONDAY		 Holiday Día de la Raza	• Yakimetsi rice • Grilled meat • "Angel hair" consommé • Chip potato • Tomato slice • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice	• Wings • Steak with fried egg • Fusili soup • Basmati rice • Plantain slice • Mixed vegetables • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice
TUESDAY		• Chicken with vegetables • Pork milanese • Letters soup • White rice • Salted potato • Chickpeas in traditional sauce • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice	• Meatballs in traditional sauce • Chicken breast au gratin • Pasta soup • White rice • Lentils in traditional sauce • Baked plantain • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice	• Sautéed pork loin • Peruvian pork • Hen broth • Spinach rice • Causa limeña • Peruvian salad • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice
WEDNESDAY		• Tilapia in tartar sauce • Meat with chimichurri • Mazamorra • Rice with sesame seeds • Manioc croquettes • Caribbean salad • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice	• Cordon bleu • Pork Julienne in teriyaki sauce • Spinach cream • Pilaf rice • Mixed vegetables • Manioc croquettes • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice	• Meat lasagne in bolognese sauce, neapolitan, carbonara • Eastern-style chicken leg • Zapayo cream • Pasta (short, long, macaroni) • Garlic bread • Baguette/ Parmesan cheese • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice
THURSDAY	• Powdered meat, chorizo, egg and chicharrón • Grilled chicken breast • Bean casserole • White rice • Plantain slice/ Arepa • Avocado slice • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice 	• Veal in mushroom sauce • Marinated roast pork • Chicken asopao • White rice • Plantain chips • Mini carrot cake • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice	• Chicken cannelloni au gratin in tomato sauce • Meat cannelloni au gratin in bolognese sauce • Tomato soup • Baguette • Capresse tomato • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice	• Fish croquettes • Chicken breast au gratin • Rice soup • White rice • Plantain with hogao • Avocado salad • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice
FRIDAY	• Shredded chicken • Grilled meat with chimichurri • Ajiaco • Pearl rice • Corn/ Arepa • Avocado salad • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice 	• Al pastor meat • Shredded chicken • Mexican soup • White rice • Tortilla chips/ • Refried beans • Pico de gallo / Guacamole • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice 	• Meat, chicken breast, morcilla and chorizo • Grilled chicken breast • Mazamorrita • Plantain, potato and corn • Guacamole • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice 	• Meat or chicken burger with caramelised onions, bacon, mozzarella, lettuce and tomato • Celestine consommé • French fries • Onion rings • Salad bar • Fruit of the day • Meat and/or grilled chicken breast • Water or natural fruit juice 